

Virtual Vocal Coaching for Leaders

Develop a strong and healthy speaking voice.



Do you clear your throat all the time before you speak?

Do you have good ideas but your voice doesn't command authority?

Does your throat hurt after a long day of talking?

It's time to learn your instrument.

Over the years you can pick up bad speaking habits that damage your voice. If you had an expensive cello, wouldn't you need to learn how to play it properly? Of course! So, why should your voice be any different?

These habits can be unlearned and replaced with healthy ones to give your voice the control you need.

My Methodology

I want to help you to raise awareness of your own voice before the problems start. We do that by audio commentary and analyzing your speaking habits in conversation and recorded presentations. After exploring the roots of your vocal difficulties, we will train your voice with exercises and the ultimate tool: singing! Singing challenges the full range of your voice and reveals all its strengths and weaknesses.

Your voice gets stronger and you have fun (especially if you have never trained your singing voice before).

Program details

Taster Session (no strings attached)

- Send a short recording of your speaking voice beforehand.
- An evaluation session of 60 minutes.
- First exercises for your problem areas.

You can find out how I work and if it will benefit you.

100€

Coaching Session Options

Untrain your bad speaking habits and develop new ones together.

Coaching Option 1:

- 3 x 60 min Coaching Sessions

450€ (Taster Session included)

Coaching Option 2:

- 6 x 60 min Coaching Sessions

800€ (Taster Session included)

Results:

- Your voice will stop hurting.
- You will get a more expressive voice to deliver your ideas more convincingly.
- Your voice will recover faster after presentations and meetings.
- You will know how to handle stressful situations so that it won't affect your voice.

During the Coaching you will:

- ✓ understand how your voice works
- ✓ get exercises to relax and strengthen your voice
- ✓ learn how to put emotions into your speaking voice
- ✓ experience where your voice sounds the best
- ✓ get more vocal endurance
- ✓ get better articulation and modulation
- ✓ learn to deal with your vocal problem(s)



Sylvia Lee is a professional singer and vocal specialist who has been doing online vocal coaching for singers & speakers all over the world since 2013.

Coaching languages: German or English
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Contact Sylvia Lee to schedule your Taster Session:
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